

# HOUSEHOLD EMERGENCY CHECKLIST

## WHAT YOU WILL NEED TO GET THRU

### YOUR HOUSEHOLD

ADDRESS: \_\_\_\_\_

NAMES AND PHONE NUMBERS (INCL MOBILES):

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

### IMPORTANT PHONE NUMBERS

POLICE, FIRE, AMBULANCE: DIAL 111

CIVIL DEFENCE: \_\_\_\_\_

OTHER: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

### YOUR GETAWAY KIT

Everyone in your house should have a small bag for a Getaway Kit, ready for evacuation. In addition to essential emergency items, this kit should include:

#### FAMILY DOCUMENTS

- Birth and marriage certificates
- Drivers' licences and passports
- Insurance policies
- Family photos

#### PERSONAL ITEMS

- Towels, soap, toothbrush and sanitary items
- A change of clothes

### EMERGENCY SURVIVAL ITEMS

If you prefer to keep your Emergency Survival Items in the house for everyday use, make sure you know where to find them when an emergency occurs.

#### FOOD AND WATER – ENOUGH FOR 3 DAYS OR MORE

- Bottled drinking water (at least 3 litres per person per day)
- Water for washing and cooking
- Non-perishable food (canned or dried), can opener
- A primus or gas barbeque to cook on (Check and replace food and water every 12 months)

#### OTHER EMERGENCY ITEMS

- Waterproof torches and spare batteries
- Radio and spare batteries
- First aid kit and essential medicines
- Toilet paper and large rubbish bags for an emergency toilet
- Face and dust masks
- Pet supplies
- Blankets or sleeping bags
- Wind and rain proof clothing
- Strong shoes for outdoors
- Sun hats and sunscreen (Check all batteries every three months)

#### SUPPLIES FOR BABIES AND SMALL CHILDREN

- Food, formula and drink
- Change of clothing and nappies
- Favourite toy or activity

#### OTHER SUPPLIES

- Hearing and sight aids, batteries
- Mobility aids
- Asthma and respiratory aids
- Special food needs

FOR MORE INFORMATION VISIT  
[www.getthru.govt.nz](http://www.getthru.govt.nz)

PRODUCED BY THE MINISTRY OF CIVIL DEFENCE AND EMERGENCY MANAGEMENT



# HOUSEHOLD EMERGENCY PLAN

COMPLETE THIS PLAN WITH ALL MEMBERS OF YOUR HOUSEHOLD

1. If we can't get home or contact each other we will meet or leave a message at: \_\_\_\_\_  
\_\_\_\_\_

2. The person responsible for collecting the children from school is:

Name: \_\_\_\_\_

Contact details: \_\_\_\_\_

Name (back-up): \_\_\_\_\_

Contact details: \_\_\_\_\_

3. The person responsible for checking the emergency survival items is: \_\_\_\_\_

4. The radio station (incl AM/FM frequency) we will tune in to for civil defence information:  
\_\_\_\_\_  
\_\_\_\_\_

5. In an emergency we will remain in our home unless advised otherwise. We will need to be prepared to look after ourselves for up to 3 days or more. In an emergency we will:

Stop, think and respond

Get our Emergency Survival Items

Listen to the radio for advice and information

6. If we have to evacuate our home we will:

Take our Getaway Kit, and the essential emergency items

Turn off water, electricity and gas (always seek professional advice before reconnecting the gas supply)

7. Neighbours that may need our help or can help us:

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

8. A plan of our house showing places to shelter e.g. in an earthquake, exits, assembly areas and where to turn off water, electricity and gas:

## PLAN OF OUR HOUSE